

Volunteering Spotlight: The Tuesday Mixer Club

Jo Bartlett-Knight, from Kier Places spent the day volunteering for local community group, the Tuesday Mixer Club, Stafford.



About the Organisation

Stafford Mixer Club meet once a week on a Tuesday afternoon, providing a lifeline for older people that are often isolated except for this one day a week where they can meet and socialise. The average age of attendees is between 70-90; many of the members are hard of hearing, some have dementia, and others are struggling with social isolation and loneliness.



How did you spend your day?

I spent the day helping out at the Tuesday mixer club Christmas party. I made six Christmas hampers to donate as raffle prizes, each filled with a bottle of wine, nice tea and coffee, chocolates, jams and other goodies.

I also helped the members to get involved with various activities happening on the day including; a Christmas jumper competition, and table decorating competition! Everyone had a really great time!

How did you feel about volunteering?

I had a lovely day helping out. I was really touched to see how many older people look forward to their Tuesday afternoon at the club, as it can be very lonely and isolating for them during the rest of the week.

Since my dad moved to Stafford two and a half years ago, this club has been brilliant for him. He has made friends, which has widened his social interactions and joined other clubs, such as bowling on the back of this.

I really appreciate Kier allowing this paid leave for volunteering, I really enjoyed it!



The Kier volunteering policy is open to all Kier employees. You can volunteer for any project or charity you wish, and donate your time to any activity. Find out more [here](#)