

MOVING THROUGH MAY FUNDRAISING TIPS

 **KIER
FOUNDATION**

YOU VS YOU

Registered Charity No. 1144803



Get moving and raise money for good causes at the same time - Moving through May is back! Tell people you're doing something amazing for charity, and maximise your fundraising with our hints and tips below:

1

Self Donate

Kickstart your moving through May campaign by self-donating. It's easy to do on your individual Moving through May event page.

2

Share your fundraising

Share your story with friends and family on Facebook & Instagram, or by email, text or WhatsApp.

Not everyone will donate immediately, so be sure to share it throughout May to keep it in mind.

3

Attend an event

Boost your target by taking part in an organised event such as the [Birmingham 10k or half marathon](#), alongside your daily activity, and add it to your distance total.

Click below for more inspiration:

- [Running](#)
- [Cycling](#)
- [Walking](#)

4

Keep it fresh

Update your individual Moving through May page and blog with news of your travels and adventures!

Regular updates will involve supporters in your journey, and ensure those donations keep coming.

5

Organise your own

If you fancy a break from physical activity, why not organise your own fundraising event and add it to your Moving through May total?

Quiz night, bake sale?
Your choice!